

## Outline for the topics on Anosognosia and Navigating the Criminal Justice System:

### Topic-Specific – Discussion around Anosognosia

- Explain Anosognosia and LEAP:
  - Be mindful of correct [pronunciation of “Anosognosia”](#) and “Xavier”
  - LEAP Method not reserved only to SCZ & SCZA – useful for any circumstances involving non-adherence
  - Introduce discussion of Anosognosia/refer caller to NAMI webpage on Anosognosia [www.nami.org/About-Mental-Illness/Common-with-Mental-Illness](http://www.nami.org/About-Mental-Illness/Common-with-Mental-Illness)
  - Explain LEAP method/LEAP method story (2-3 sentences)
- Education and Support:
  - Recommend, “I Am Not Sick I Don’t Need Help” by Dr. Xavier Amador
  - Refer caller to view LEAP Foundation videos on Henry Amador Center website: [www.hacenter.org](http://www.hacenter.org)
  - Schizophrenia & Psychosis Action Alliance: <https://sczaction.org/> (and other appropriate SCZ & SCZA resources), highlight support groups for individuals and caregivers
  - Recommend, “Surviving Schizophrenia” by E. Fuller Torrey
  - Enroll in NAMI Family to Family Course (at least, NAMI Basics OnDemand)
  - Participate in NAMI Family Support groups
- Preparing for a Crisis:
  - Refer callers to Family & Caregivers section of the website, especially the “Being prepared for a crisis section” [www.nami.org/Your-Journey/Family-Members-and-Caregivers](http://www.nami.org/Your-Journey/Family-Members-and-Caregivers)
  - Refer callers to NAMI Guide, [Navigating a Mental Health Crisis Guide](#), available on website at [www.nami.org/Support-Education/Publications-Reports/Guides](http://www.nami.org/Support-Education/Publications-Reports/Guides)
  - Explain the difference between MCU vs CIT (and CIT vs 911)
  - Refer them to the SMI Adviser Tool: <https://smiadviser.org/> and the [My Mental Health Crisis Plan App](#).

### Topic-Specific – Discussion around Navigating Criminal Justice System (if person is arrested, awaiting trial, and has a public defender)

- Explain limitations of working with Public Defender
  - Overworked/understaffed (juggling 80+ cases at one time)
  - Attorney Client Privilege prevents them from talking to you
- You can provide information one-way to the Public Defender!
  - Can call and leave detailed message
  - Remember! Catch more bees with honey
- You must become your loved one’s best advocate
  - Prepare Mitigation report to give to Public Defender (not on Google so explain thoroughly)
    - Contains “the story” of your loved one’s life
    - Document, in chronological order, all information pertaining to their mental illness
      - Names of doctors
      - Diagnoses
      - List of prescriptions
      - Dates of hospitalizations
      - Treatments prescribed
    - Need to educate the courts (PD, Prosecutor and Judge): Include information about the criminalization of the mentally ill (see Treatment Advocacy Network website <https://www.treatmentadvocacycenter.org/key-issues/criminalization-of-mental-illness>)
  - Research on availability of [Mental Health Court \(MHC\)](#) and [Jail Diversion program \(JDP\)](#) in help seeker’s area (using county not zip code)

- Determine if there is a MHC in their jurisdiction/explain what is a MHC (see MHC FAQ's by NAMI Utah: <https://www.namiut.org/resources/item/516-mental-health-court-faq>)
- Determine if there is a Jail Diversion program in their jurisdiction/explain JDP
- We are able to send help seeker [Knowledge Article](#) (also on [www.helplinefaqs.nami.org](http://www.helplinefaqs.nami.org) in Legal section) if they send an email to [info@nami.org](mailto:info@nami.org)